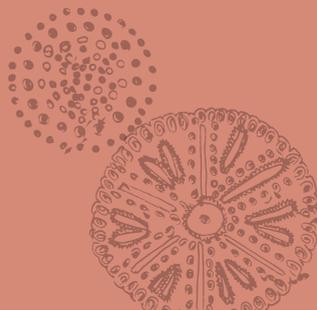


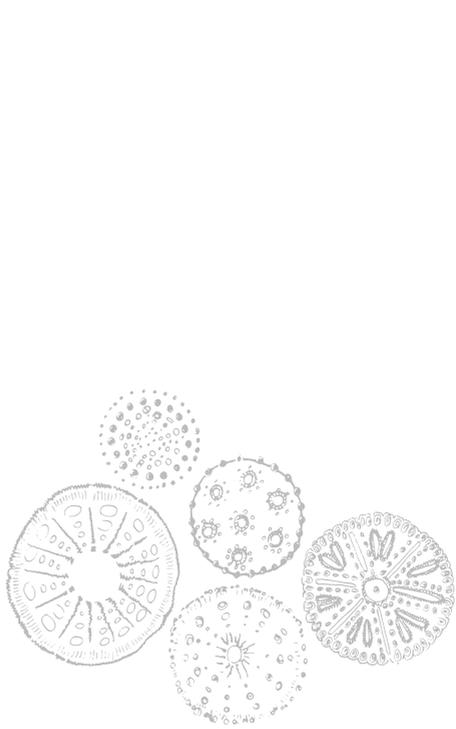
**[ comfort zone ]**

**BODY  
STRATEGIST**

advanced nature  
& tech solutions

**CELLULITE AND TONE**





## HEALTHY IS BEAUTIFUL

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A healthy and fit body is essential to feeling good and enjoying yourself more!

Although there is no single solution, proper nutrition and regular exercise, combined with advanced products and technologies, are the essential steps to staying healthy and to achieving a toned and slim body.

Cellulite and loss of tone are imperfections that depend on a combination of factors such as age, lifestyle and predisposition according to your morphotype: it is therefore essential to carry out a thorough and professional analysis in order to choose a personalized and specific program to achieve visible and lasting results.



## MAIN IMPERFECTIONS

### CELLULITE AND ATONY

All body imperfections are not merely aesthetic problems: they have deeper roots linked to the body's overall equilibrium.

#### ■ CELLULITE EQUALS WOMEN!

4 in 5 women have cellulite: it is a form of inflammation of the subcutaneous adipose tissue, which initially results from a change in microcirculation. Its causes can be genetic, hormonal and, of course, lifestyle-related.

#### ■ EDEMATOUS CELLULITE = SWELLING

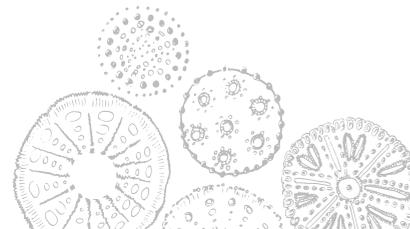
The initial stage, characterized by water retention and a general state of swelling. Microcirculation is altered, the tissues are poorly oxygenated and the deposit of liquids between tissue spaces increases. Collagen fibres tend to accumulate around the adipocytes, resulting in characteristic "orange peel" skin. When the skin is touched, compressing it, you can feel pain.

#### ■ ADIPOSE CELLULITE = FAT ACCUMULATION

The advanced stage, characterized by abnormal activity of fibroblasts and adipocytes, as well as significantly altered microcirculation. Groups of adipocytes trigger the formation of micronodules, which are hard and palpable. The skin has a classic "mattress" appearance.

#### ■ ATONY = LOSS OF TONE

It often accompanies the two previous stages, however it can also occur without cellulite. Fluctuations in weight, age, pregnancy, an irregular lifestyle and overexposure to the sun are the main causes of weakened skin structure. This results in a lack of tone and firmness, loss of elasticity and the appearance of stretch marks.





## BODY STRATEGIST

### ADVANCED NATURE & TECH SOLUTIONS

The union of science, nature and technology to combat cellulite and loss of tone in an increasingly effective and sustainable way.

Body Strategist is the Body Method developed by the [ comfort zone ] laboratories with the support of its Scientific Committee, which offers concentrated formulations of natural origin enhanced by specific manual skills, latest-generation equipment and lifestyle supplements and advice.

### Detox, remodel and tone.

Clinically tested effective reshaping

- - 280 ml extracellular water\*
- -1 cm average thigh circumference reduction\*\*
- + 16% skin firmness\*\*\*

\*Clinical tests by independent laboratories using Bagni di Montalcino Castello di Velona with a panel of 20 people for 14 days

\*\*Clinical tests by independent laboratories using Thermo Cream or Cream Gel with a panel of 20 people for 30 days

\*\*\*Clinical tests by independent laboratories using Oil with a panel of 20 people for 28 days

## OUR PROMISE

CONSCIOUS SKIN SCIENCE™

The [ comfort zone ] commitment to sustainability drives research and development, favoring ingredients of natural origin.

We choose not to use silicones, parabens, animal derivatives, mineral oils and artificial colorants.

Tested by dermatologists.

Suitable for vegans.

The same attention is paid to packaging: Green PE (sugar cane plastic) tubes, glass jars and recycled paper boxes. All our packaging is CO<sub>2</sub>-neutral, thanks to the Ethio Trees environmental regeneration and social impact project.

The products are entirely made in Italy and are produced at Davines Village, the headquarters of the B Corporation-certified Group, with energy from renewable sources.

CONSCIOUS  
SKIN SCIENCE™



Certified



Corporation

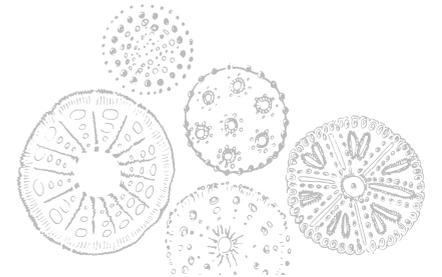


## THE POWER OF NATURE

IN A RESHAPING AND DRAINING MUD

From the ancient Castello di Velona Resort and Thermal Spa, an extraordinary thermal water that flows from the volcanic springs at a depth of more than 250 metres and which gushes out at over 90°C, making it rich in calcium and magnesium, which revitalize the skin and make it silky-smooth.

This precious thermal water, mixed with algae and essential oils of mandarin and peppermint, is used to create the new draining and reshaping [ comfort zone ] BAGNI DI MONTALCINO CASTELLO DI VELONA body mud: an intensive treatment that has been clinically tested to assess its effectiveness on cellulite and which is very pleasant and innovative thanks to its oily, massageable and easy-to-remove texture.



# THE BEAUTY ROUTINE

## CELLULITE

EXFOLIATION  
once a week



### PEEL SCRUB

double action scrub

92.23% ingredients of natural origin

The essential step for preparing the skin to make it softer and smoother. With alpha and polyhydroxy acids, bitter orange peel and silica beads.

200 ml e 6.76 fl.oz.

every day morning and evening



### CREAM GEL

remodeling cream gel

91.98% ingredients of natural origin

For edematous cellulite. Combats water retention thanks to ivy extract, aescin, pure caffeine and a liposomal structure for improved penetration of the active ingredients.

200 ml e 6.76 fl.oz.



### THERMO CREAM

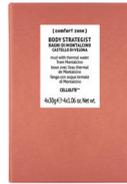
thermogenic cream

86.48% ingredients of natural origin

For adipose cellulite. Generates localized heat and helps to burn fat thanks to the single-cell microalgae and pure caffeine.

200 ml e 6.76 fl.oz.

twice a week



### BAGNI DI MONTALCINO

CASTELLO DI VELONA  
with thermal water from Montalcino

98% ingredients of natural origin

For all types of cellulite. Intensive draining and reshaping treatment thanks to the triple action of algae, essential oils and remineralizing thermal water.

4 pcs 4 applications

every day morning and evening  
whole body



### D-AGE CREAM

firming nourishing cream

91.64% ingredients of natural origin

For loss of tone and firmness. With hydrolyzed green walnut extract and boswellic acid for deep nourishing.

180 ml e 6.35 fl.oz.

every day  
localized areas



### OIL

pro-elasticity oil

88.7% ingredients of natural origin

For stretch marks and loss of localized elasticity. With organic tamanu oil, sweet almond oil, centella asiatica and vitamin E.

100 ml e 3.38 fl.oz.

every day  
legs



### CRYO LEG GEL

refreshing leg gel

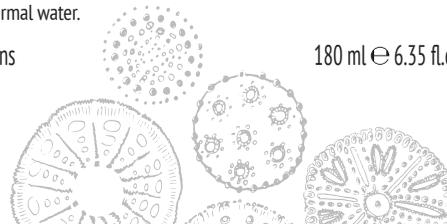
95.67% ingredients of natural origin

Product specially formulated to relieve the feeling of heaviness in tired and weary legs, with hesperidin and aescin. Provides an immediate and long-lasting refreshing effect.

200 ml e 6.76 fl.oz.

# THE BEAUTY ROUTINE

## TONE



# BODY TREATMENTS

## THE 3-STEP METHOD

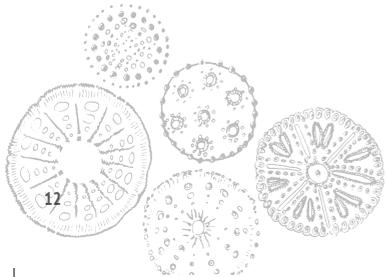
[ comfort zone ] believes in an integrated approach to beauty and well-being to achieve visible, long-lasting results in the shortest possible time.

Ask for a consultation with your beautician who will find the most suitable treatment for your needs thanks to their experience the Body Wellness Method. Your beautician will also be able to advise you on the combination of treatments and advanced technologies.



[ comfort zone ] Body Wellness Method consists of 3 steps:

- **1. CLEANSE AND CALM**  
Exfoliate and prepare the skin for subsequent treatments and relieve tension.
- **2. DETOX**  
Remove excess fluids and toxins and boost energy.
- **3. SCULPT & SLIM**  
Reduce fat deposits and increase elasticity and tone.



# WHAT MORPHOTYPE ARE YOU?

## A SOLUTION FOR EACH ONE

Knowing your morphotype is essential for choosing the most appropriate and effective strategy.

### ■ GYNOID MORPHOTYPE



Adipose tissue is mainly distributed on the lower half, while the bone structure of the pelvis is accentuated compared to the shoulders. This morphotype is therefore more prone to cellulite and loss of tone in the hips, thighs, knees and ankles.

### RECOMMENDED PRODUCTS

CREAM GEL or THERMO CREAM on the abdomen, buttocks, legs and hips.

CRYO LEG GEL on the legs and ankles.

BAGNI DI MONTALCINO CASTELLO DI VELONA as a shock treatment on critical areas such as the buttocks and legs.

D-AGE and OIL on the legs, abdomen, buttocks and hips.

### ■ ANDROID MORPHOTYPE



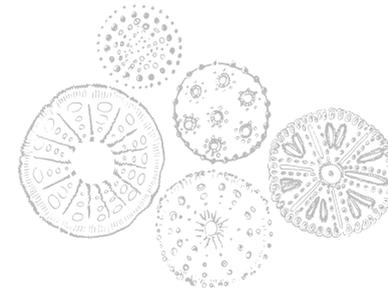
Adipose tissue is mainly distributed on the upper half of the body. This morphotype is prone to aesthetic problems such as cellulite and loss of tone in the abdomen and waist area.

### RECOMMENDED PRODUCTS

CREAM GEL or THERMO CREAM on the abdomen and hips.

BAGNI DI MONTALCINO CASTELLO DI VELONA as a shock treatment on critical areas such as the abdomen and hips.

D-AGE and OIL on the arms, abdomen and buttocks.



**[ comfort zone ]**

Find out more about our products, treatments and lifestyle tips on  
[www.comfortzone.it](http://www.comfortzone.it)